

FY 2018 Directory of Funded Programs:  
Organizational Profiles and Project Summaries  
Regional Partnership Grants to Increase the Well-Being of, and to Improve the Permanency  
Outcomes for, Children Affected by Substance Abuse  
HHS-2018-ACF-ACYF- CU-1382  
Administration for Children and Families - Administration on Children,  
Youth & Families - Children's Bureau

**Award Number:**  
90CU0098

**Project Title:**  
Family Recovery Project Central

**Institute for Health and  
Recovery, Inc.:**  
349 Broadway  
Cambridge, MA 02139

**Project Director (PD) and  
Principal Contact:**  
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**PD Phone:**  
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**Project Period:**  
36 Months

**Federal Program Officer  
(FPO)/Specialist:**  
Chereese Phillips

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**Target Population:**  
Children and families affected by substance use and mental health disorders who are involved with the child welfare system; to improve child well-being and family relationships; to support parents' recovery; and to strengthen families.

**Geographic Area(s) Served:**  
City of Worcester, located in Worcester County in Central Massachusetts.

**Agency Region:**  
ACF Region 1

## **Institute for Health and Recovery, Inc.**

### **Organizational Description**

The Institute for Health and Recovery (IHR) is a statewide, nonprofit organization incorporated in 1990 to provide services, policy and program development, research and capacity-building activities. IHR provides training, consultation, technical assistance and curriculum development for state, local and national organizations to improve integration of best practices and policies into prevention and treatment programs.

### **Use of Program Funds**

IHR will coordinate and strengthen the Worcester, MA *Family Recovery Council* aimed at improving interagency collaborations, and integration of programs, activities and services that are designed to: 1) increase child well-being, 2) improve permanency outcomes, 3) enhance safety of children who are in an out of home placement or are at risk of being placed in out of home care as a result of parental/caregiver substance use, and 4) promote safe and stable families. In so doing, IHR will build Worcester's capacity to meet needs of families involved with substance use disorder treatment, DCF, mental health services and courts involved with these high risk families. Collaborators include the Worcester Peer Recovery Center, Spectrum Health Services' Everyday Miracles (EDM), the state Department of Children and Families (DCF), Bureau of Substance Addiction Services (BSAS) and Advocates for Human Potential (AHP) as evaluator. Family Recovery Project Central will provide 180 DCF-involved parents and their children with home- and community-based services. Services will include: substance use disorder treatment, building parent-child attachment, healing the impact of trauma, stabilizing parental recovery, and helping children develop resilience and developmentally appropriate skills and behaviors. Family health, child safety and stability are the ultimate goals of services. IHR teams will engage with families to assess needs of parents and children, develop family recovery plans, address issues of traumatic stress and attachment in children, facilitate recovery, nurture and guide the development of parenting skills, build or rebuild parent child attachment, and facilitate access to a range of supportive and basic services.

### **Expected Outcomes**

Anticipated outcomes include: increased social and emotional resilience in children, increased numbers of children reunified with their parent; increased engagement in substance use treatment; improved parent skills in empathy and appropriate developmental and behavioral expectations; improved attachment between parent and child; increased access to community services; and better coordination and communication among community and state agencies.