

FY 2018 Directory of Funded Programs:
Organizational Profiles and Project Summaries
Regional Partnership Grants to Increase the Well-Being of, and to Improve the Permanency
Outcomes for, Children Affected by Substance Abuse
HHS-2018-ACF-ACYF- CU-1382
Administration for Children and Families - Administration on Children,
Youth & Families - Children's Bureau

Award Number:

90CU0095

Project Title:

Seasons Regional Partnership Grant
(RPG5)

**Northwest Iowa Mental Health
Center dba Seasons Center**

201 E. 11th Street
Spencer, IA

**Project Director (PD) and
Principal Contact:**

Sarah Heinrichs

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PD Phone:

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Project Period:

36 Months

**Federal Program Officer
(FPO)/Specialist:**

Chereese Phillips

FPO Email:

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Target Population:

Families/caregivers with children,
pre-natal to age 17, who are in or
at-risk for out-of-home placement as
a result of parental or caregiver
substance use and other behavioral
health conditions and reside in the
geographic service area.

Geographic Area(s) Served:

Eleven counties in northwest Iowa:
Buena Vista, Clay, Dickinson,
Emmet, Lyon, O'Brien, Osceola, Palo
Alto, Plymouth, Sioux, and
Woodbury.

Agency Region:

ACF Region 7

**Northwest Iowa Mental Health Center
dba Seasons Center**

Organizational Description

Seasons is a comprehensive Behavioral Health Center offering a broad range of psychiatric and behavioral health services to the people and communities in Northwest Iowa since 1959. Seasons is a registered 501(c)(3) organization.

Use of Program Funds

This project will create a family-focused model of care to meet the complex needs of families suffering from the impact of abuse, trauma, and substance use, bringing healing and permanency, by providing families/caregivers with skill building, family therapy, intensive family case management, and other support services to prevent out-of-home placements as well as to improve the well-being of children who are currently in foster care or have been adopted. The *proposed services* include three **project goals**:

Goal I: To demonstrate the organizational capacity to lead and champion a high-quality regional partnership to effectively delivery and sustain trauma informed, culturally responsive, and evidence-based practices between child welfare, behavioral health, juvenile court, and other child/family serving systems during and beyond the grant funding period.

Goal II: To increase the number of children and families served through the use of developmentally and culturally appropriate, setting sensitive, trauma-informed, and evidence-based programs and services to 11 counties in northwest Iowa. Goal III: To continue to enhance partnerships within local communities to increase the awareness, need, and understanding of the significance for brain research, trauma informed care, ACEs, cultural competency, and resiliency to mobilize local services to support families and create practice change in how services are delivered.

Expected Outcomes

The key project outcomes are: Well-Being, Permanency, Safety, Parental Recovery, Family Functioning and Stability, and Capacity and Partnerships.